HELPING TREE

Help lines: 24/7

CHIMO 1-800-667-5005 www.chimohelpline.ca For all ages

Kids Help Phone 1-800-668-6868 www.kidshelpphone.ca **Tel-Jeunes** 1-800-263-2266 www.telieunes.com For 5 to 20 years of age Listugui Suicide **Prevention** Hotline 506-789-3800

Canadian National Institue for the Blind 1 800 270-2642

Deaf and Hard of Hearing Services 1 506 633-0599

Emergency 911

Campbellton Regional Hospital Emergency Dept. 789-5000 24/7

Tele-Care **New Brunswick** 811 • 24/7

> St- Joseph Community **Health Centre** 684-7000

Jacquet River Health Centre 237-3222

Eel River Bar Child & Family 684-6297

Listuguj Community Health Services

Physical

Health

Disorders Progra For Child & 418 788-2155 **Adolescent** St-Joseph Restigouche Walk-in Clinic Community Health Centre 6, Water St. (Campb 684-7727

Mon. to Thur.: 2 to 7 pn Friday: 2 to 6 pm 789-7646 **Community Mental Health Services** Physician

> **Eating Disorders**

789-2440

Restigouche Family

Services

\$ 753-4161

Pediatric Eating

Nutrition Clinic 789-5140 (Campb. 684-7092 (Dalh.) 237-3222 (J. River)

> **Campbellton Campus** 789-2377

> > **Drop-Out** (Under 21 years old) Post Secondary **Education, Training** and Labour 759-6666

NBCC

If in school, refer to administration for Student Services

School Difficulties/

Drop-Out/

Literacy

Legal **Problems**

This reference tool was developed to assist companions within the school setting to provide support for youth from grade 6 to 12.

New Brunswick

Public Legal

Education and

506 453-5369

Victim Services

789-2388

Parole 1 800 874-2652

789-2339

Court Services

789-2364

684-7517

753-6453

Listuguj Police

418 788-2003

RCMP

1 800 665-6663

789-6000

nformation Services

Alcohol and Drug Use during Pregnancy Help Line

Gambling Help Line

1 800 461-1234

1 877 327-4636 Crime Stoppers 1 800 222-8477 **Community Mental**

Eel River Bar

Health Services

789-2440

684-6272

Probation Services Listuguj Mawiomi Outpatient Treatment Centre 418 788-5135

Listuguj Youth Dalhousie Regional Addiction 418 788-2155 Correctional Čentre

Addiction Services 789-7055 • 24/7 **Legal Aid NB**

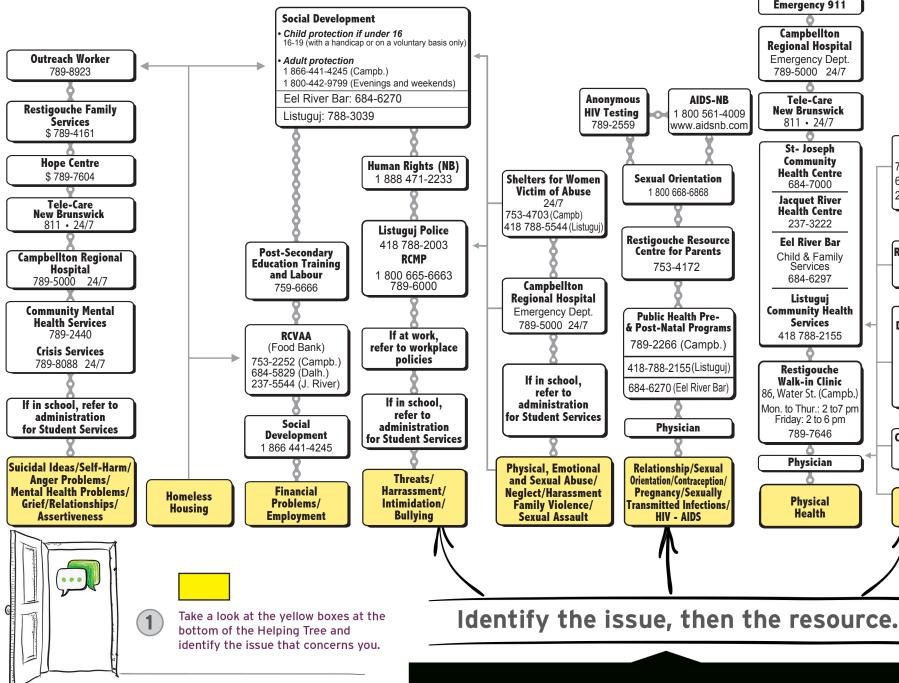
> If in school, refer to administration for Student Services

> > **Addiction Problems:** Smoking, Illicit or Prescribed Drugs. Alcohol, Internet, Sex & Gambling

www.thelinkprogram.com

Once you've identified the issue, look at the support services listed for each (white boxes) and find the one that feels right for you.





START HERE

All services listed are free of charge, except those idendified by a dollar sign (\$). All services available 24 hours a day, 7 days a week are identified by 24/7.

RESTIGOUCHE SUICIDE PREVENTION COMMITTEE