

# COVID-19 Exposure

Someone in our school has tested positive.  
Our school is following the [Healty and Safe Schools – Winter Plan](#).

Public Health will NOT be contacting you.

## MONITOR FOR NEW OR WORSENING SYMPTOM

This applies to both vaccinated and unvaccinated individual.

### For the next 10 days:

1. Monitor for new or worsening symptoms.
2. Do not visit vulnerable settings (e.g.: long-term care facility, hospital)
3. Wear a multi-layered and well-fitting mask in indoor and outdoor public places.
4. Maintain physical distancing of two metres from others.
5. Wash hands often.
6. Avoid gatherings.
7. Contactless pickup or delivery services are encouraged.
8. Limit contacts as much as possible.

## NEW OR WORSENING SYMPTOM DEVELOPS

This applies to both vaccinated and unvaccinated individuals.

1. Isolate and do a [COVID-19 rapid test](#) (POCT) immediately.
2. If the test is **negative**, your child may attend an Early Learning and Childcare facility, School and other community activities.
  - o If new or worsening symptoms appear, repeat the test.
3. If the test is **positive**, please follow guidance below.

## YOUR CHILD HAS TESTED POSITIVE on a COVID-19 Rapid POINT OF CARE TEST (POCT)

This applies to both vaccinated and unvaccinated individuals.

**Unless otherwise directed by Public Health**, your child **must isolate at home**, and may not attend an Early Learning and Childcare facility, School or other community activities.

### 1. HOW LONG IS MY CHILD'S ISOLATION PERIOD?

These are the days when your child is most infectious and more likely to transmit the virus to others.

#### A. Your child is **FULLY VACCINATED** (2 doses):

- Your child must isolate **for at least 5 days after their test date**.
- Once your child has completed the isolation period, for **an additional 5 days**, your child must continue to:
  - monitor for new and worsening symptoms,
  - wear a multi-layered and well-fitting mask in indoor and outdoor public places,
  - maintain physical distancing of two metres,
  - avoid gatherings,
  - do not visit vulnerable settings (e.g.: long-term care facility, hospital)
  - choose contactless pickup or delivery services, **and**
  - limit contacts as much as possible.

#### B. Your child is **IMMUNOCOMPROMISED** or **NOT FULLY VACCINATED**, your child must isolate for **10 days after the test date**.

2. Your child does not need any further testing during the isolation period.
3. Notify the school administration that your child tested positive for COVID-19 without delay.
4. Your child may **stop isolating when all three (3) of these criteria have been met**:
  - I. Your child has completed their isolation period;
  - II. Your child has been fever-free for at least 24 hours without using fever-reduction medications;
  - III. Your child's symptoms are improving.
5. If your child requires **medical assistance**, please contact your **primary Health Care provider** or **Tele-Care: 811**.
6. If your child is having **difficulty breathing** or **experiencing other severe symptoms**, call **911 immediately**.

# COVID-19 Exposure

## IF YOUR CHILD HAS TESTED POSITIVE, NOTIFY YOUR CLOSE CONTACTS

This applies to both vaccinated and unvaccinated individuals.

It is your responsibility to tell your household members and community close contacts that your child has tested positive for COVID-19 without delay.

### WHO ARE CLOSE CONTACTS?

Close contacts are individuals who were within two metres (six feet) of your child for at least 15 minutes without masking or barriers in place during the:

- 48 hours before your child developed symptoms,  
OR
- 48 hours before your child tested positive (whichever came first)

until you received their positive test result.

### ISOLATION PERIOD for HOUSEHOLD CONTACTS

This applies to both vaccinated and unvaccinated individuals.

These are the **individuals who live with your child, who share common areas** such as a kitchen, living room and bathroom.

They **must follow this guidance**, unless otherwise directed by Public Health:

#### FULLY VACCINATED (2 doses):

1. They must **isolate for at least 5 days after your test date**;
2. Once they have completed your isolation period, for an **additional 5 days**, they must continue to:
  - monitor for new and worsening symptoms,
  - wear a multi-layered and well-fitting mask in indoor and outdoor public places,
  - maintain physical distancing of two metres, ,
  - avoid gatherings,
  - do not visit vulnerable settings (e.g.: long-term care facility, hospital)
  - choose contactless pickup or delivery services, and,
  - limit your contacts as much as possible.
3. If symptoms develops, get tested:  
**COVID-19 GNB.CA/GETTESTEDCOVID19**

#### IMMUNOCOMPROMISED or NOT FULLY VACCINATED

1. They must **isolate for 10 days after your test date**.
2. They must **monitor for new and worsening symptoms**.
3. If one or more symptoms develops, get tested:  
**COVID-19 GNB.CA/GETTESTEDCOVID19**

### GUIDANCE for COMMUNITY CLOSE CONTACTS

This applies to both vaccinated and unvaccinated individuals

These are the individuals **who do not** live with your child.

1. Self-monitor for new or worsening symptoms.
2. Do not visit vulnerable settings (e.g.: long-term care facility, hospital).
3. Wear a multi-layered and well-fitting mask in indoor and outdoor public places.
4. Maintain physical distancing of two metres from others.
5. Wash hands often.
6. Avoid gatherings.
7. If unvaccinated or not fully vaccinated (2 doses), contactless pickup or delivery services are encouraged.
8. If symptoms develops, get tested:  
**COVID-19 GNB.CA/GETTESTEDCOVID19**

Rapid POCT is not recommended for children under 2 years of age. If a new or worsening symptom develops, [book a PCR test](#).

For the most updated Public Health information, please consult : [GNB – Living with COVID-19](#) website.